

Perspectives

JULY 2026

OUR VIEW ON INSURANCE CAPITAL MANAGEMENT TOPICS

IN THIS ISSUE ►

Broad Sector Allocations
Held Steady, with Growth in
Schedule BA Assets

[Page 2](#)

Book Yield Continued to Climb
and Reached a Decade High

[Page 4](#)

Key Takeaways

[Page 7](#)

For more information on this topic,
contact one of the authors:



Mark Yu

Head of Enterprise Capital Strategy
mark.yu@neamgroup.com



Phil Lee

Enterprise Capital Strategist
phil.lee@neamgroup.com



Eric Huang

Enterprise Capital Strategist
eric.huang@neamgroup.com

neamgroup.com

2025 U.S. Life Industry Investment Highlights: Strong Yields, Moderating Income Growth

The life insurance industry's¹ net investment income continued to rise in 2025, though growth moderated, while book yield reached a decade high.

EXECUTIVE SUMMARY

In 2025, the U.S. life insurance industry's net investment income continued to rise, though at a slower pace, extending the upward trend since 2023. Supported by elevated interest rates, book yield increased to 4.85%, its highest level in a decade, from a recent low of 3.78% in 2021.

Asset allocations remained broadly stable, with bonds, mortgage loans, and Schedule BA assets continuing to dominate insurer portfolios. Over time, bond allocations gradually declined, offset by increasing allocations to mortgage loans and Schedule BA assets. Bonds and mortgage loans together accounted for 77% of total investment income, underscoring their central role in industry portfolios.

Fixed income portfolios benefited from higher yields while credit quality continued to improve. Portfolio duration extended modestly in 2025, driven by shifts in sector allocation. Within fixed income, corporate bond allocations continued to decline, while private placements and asset-backed securities (ABS) reached record levels.

NET INVESTMENT INCOME (NII) CONTINUED TO CLIMB, THOUGH GROWTH MODERATED

Total cash and invested assets increased 10% to \$5.95 trillion in 2025, while net investment income (NII) rose to 4.60%, its highest level since 2018 (Table 1) and broadly in line with levels observed from 2016 through 2018. Benefiting from elevated interest rates, NII increased from 4.04% in 2022, although the pace of growth moderated.

Investment income remains highly concentrated in fixed income assets. Bonds and mortgage loans accounted for 77% of total investment income, underscoring their central role in life insurer portfolios. Schedule BA assets were the third-largest contributor at 10%. In contrast, unaffiliated equities contributed just 1%, while cash and short-term investments accounted for 3%, up from near zero a decade ago (Table 2).

Table 1. Earned Investment Income \$ Billion and Percentage

Category	2025	2024	2023	2022	2021	2020	2019	2018	2017	2016
Total Cash/Investments [\$B]	5,949.0	5,587.3	5,317.4	5,164.3	5,013.2	4,780.0	4,464.0	4,096.0	4,042.9	3,860.8
Gross Earned Investment Income [\$B]	289.6	271.9	245.8	224.6	223.5	206.4	207.7	200.3	194.1	184.4
Investment Expenses [\$B]	24.2	23.7	21.1	19.1	14.3	13.8	14.4	13.2	12.5	11.7
Net Investment Income [\$B]	265.4	248.2	224.7	205.5	209.1	192.5	193.3	187.1	181.6	172.7
Net Investment Income [%]	4.60%	4.55%	4.29%	4.04%	4.27%	4.16%	4.52%	4.60%	4.60%	4.59%

Source: NEAM, S&P Capital IQ Pro

Table 2. Gross Earned Investment Income Contribution by Asset Class

Category	2025	2024	2023	2022	2021	2020	2019	2018	2017	2016
Bonds	63%	63%	65%	63%	61%	66%	66%	65%	66%	69%
Mortgage Loans	14%	14%	13%	13%	12%	13%	12%	11%	11%	11%
Unaffiliated Equities	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%
Affiliated Bonds/Equities	5%	5%	5%	4%	4%	4%	4%	5%	4%	4%
Cash/Short-Term	3%	4%	3%	1%	0%	1%	1%	1%	1%	0%
Real Estate	1%	1%	1%	1%	1%	2%	2%	2%	2%	2%
Contract Loans	3%	3%	3%	3%	4%	4%	4%	4%	4%	4%
Derivatives	-1%	-1%	-2%	2%	3%	2%	1%	3%	4%	2%
Other [Sch. BA]	10%	10%	10%	11%	13%	8%	8%	8%	8%	7%
Total Gross Earned	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

Source: NEAM, S&P Capital IQ Pro

BROAD SECTOR ALLOCATIONS HELD STEADY, WITH GROWTH IN SCHEDULE BA ASSETS

In 2025, the U.S. life insurance industry's statutory asset allocation across broad sectors remained largely stable, continuing trends observed over the past decade (Table 3). Bonds remained the dominant asset class, although their share of total assets continued to decline gradually. Mortgage loans, the second-largest sector, accounted for 14.0% of total assets. Schedule BA allocations increased in 2025, with growth concentrated primarily among larger insurers. Meanwhile, cash and short-term investments remained at their highest level during the past decade, reflecting elevated short-term interest rates.

Table 3. Broad Sector Asset Allocation

Category	2025	2024	2023	2022	2021	2020	2019	2018	2017	2016
Bonds	66.8%	67.3%	68.0%	69.5%	69.9%	70.2%	71.1%	72.2%	72.8%	73.3%
Mortgage Loans	14.0%	14.1%	13.8%	13.4%	12.7%	12.5%	12.9%	12.7%	11.8%	11.3%
Cash/Short-Term	3.6%	3.5%	3.5%	2.7%	2.9%	3.2%	2.7%	2.5%	2.5%	2.6%
Equities	2.7%	2.5%	2.6%	2.6%	2.9%	2.7%	2.7%	2.5%	2.7%	2.6%
Real Estate	0.4%	0.4%	0.4%	0.4%	0.5%	0.5%	0.5%	0.5%	0.6%	0.6%
Contract Loans	2.5%	2.6%	2.6%	2.5%	2.6%	2.8%	3.0%	3.1%	3.2%	3.3%
Derivatives	2.1%	2.2%	1.9%	1.8%	1.9%	2.5%	1.8%	1.4%	1.5%	1.6%
Sch BA and Other	8.0%	7.5%	7.2%	7.0%	6.5%	5.5%	5.3%	5.0%	5.0%	4.7%
Total	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%

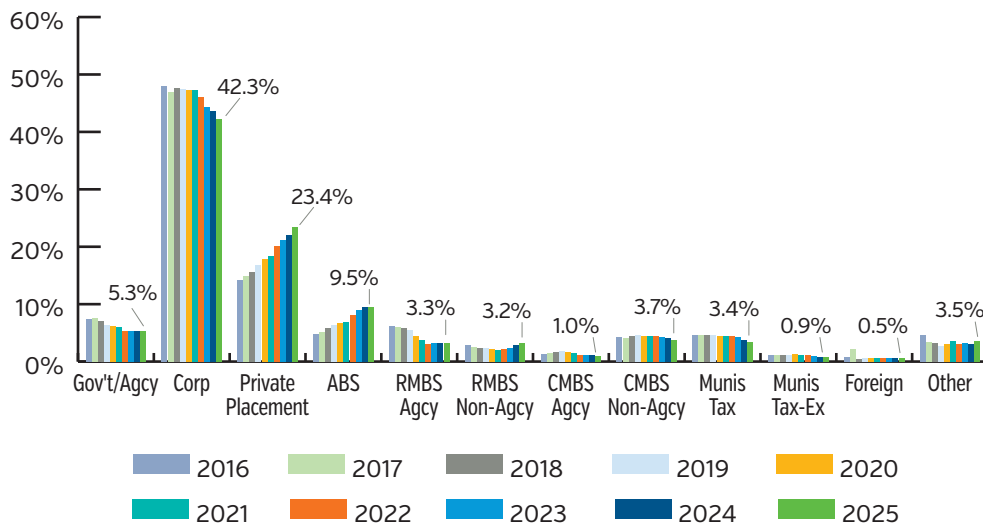
Source: NEAM, S&P Capital IQ Pro

FIXED INCOME ALLOCATIONS CONTINUED TO SHIFT TOWARD PRIVATE PLACEMENTS AND ASSET-BACKED SECURITIES

Chart 1 illustrates long-term trends in fixed income allocations over the past decade. Corporate bonds and private placements together represent approximately two-thirds of total fixed income investments. In 2025, corporate bond allocations continued to decline, while private placements continued to gain share. Private placement figures exclude publicly traded Rule 144A securities.

Within structured securities, including asset-backed securities (ABS), residential mortgage-backed securities (RMBS), and commercial mortgage-backed securities (CMBS), ABS allocations have increased steadily over the past decade and now represent the largest subsector. Non-agency RMBS allocations have also expanded over the past five years, while CMBS allocations have gradually declined.

Allocations to taxable municipal bonds increased from less than 1% prior to the 2008 financial crisis (not shown) to a peak of 4.6% in 2017, driven largely by the introduction of Build America Bonds under the American Recovery and Reinvestment Act of 2009. Following several years of relative stability, allocations have declined over the past four years, primarily reflecting reduced issuance in the taxable municipal bond market.

Chart 1. Fixed Income Sector Allocation

Source: NEAM, S&P Capital IQ Pro

BOOK YIELD CONTINUED TO CLIMB AND REACHED A DECADE HIGH

The industry's book yield increased 9 bps to 4.85% in 2025, reaching its highest level in a decade (Table 4). Supported by elevated interest rates, the increase marked the fourth consecutive year of improvement following a recent low of 3.78% in 2021. Book yields rose across most fixed income sectors, with ABS, non-agency RMBS, and private placements each exceeding 5.0% (Table 4).

Table 4. Fixed Income Book Yield (%)

Sector	2025	2024	2023	2022	2021	2020	2019	2018	2017	2016
Gov't/Agcy	3.73	3.57	3.37	3.17	2.79	2.98	3.54	3.60	3.45	3.46
Corp	4.73	4.58	4.40	4.22	4.03	4.23	4.47	4.57	4.59	4.72
ABS	5.71	6.05	6.42	5.31	2.89	3.07	4.07	4.34	3.84	3.78
RMBS - Agcy	4.31	4.02	3.72	3.34	3.17	3.34	3.60	3.69	3.66	3.78
RMBS - Non-Agcy	5.57	5.58	5.46	4.80	4.06	4.56	5.09	5.85	6.03	6.21
CMBS - Agcy	3.67	3.58	3.36	3.39	3.36	3.38	3.50	3.47	3.41	3.61
CMBS - Non-Agcy	4.81	4.73	4.53	4.07	3.36	3.56	3.76	3.89	3.82	4.09
Munis - Taxable	4.34	4.27	4.25	4.23	4.20	4.40	4.72	4.94	4.99	5.08
Munis - Tax-Exempt	4.02	3.84	3.85	3.81	3.68	3.78	3.95	4.04	3.94	4.06
Private Placement	5.01	4.90	4.67	4.22	3.91	4.05	4.30	4.36	4.37	4.53
Foreign	4.26	4.33	4.50	4.01	3.46	3.57	3.40	3.48	2.26	2.67
Grand Total	4.85	4.76	4.61	4.24	3.78	3.97	4.28	4.41	4.32	4.44

Source: NEAM, S&P Capital IQ Pro

DURATION EXTENDED MODESTLY, DRIVEN BY SHIFTS IN SECTOR ALLOCATION

Table 5 presents option adjusted duration [OAD] by fixed income sector, based on CUSIP-level holdings from Schedule D statutory filings. The dataset excludes bonds held at the holding company level, derivatives, and private placements. From 2016 through 2021, the industry gradually extended portfolio duration in pursuit of higher yields, with the trend accelerating in 2020 and 2021 amid accommodative monetary policy and a broader shift toward longer-duration bonds.

Beginning in 2022, aggregate duration declined as rising interest rates and a market-wide shift toward shorter-duration assets reduced portfolio duration. This trend continued through 2024, driven in part by lower allocations to long-duration corporate and municipal bonds and increased exposure to shorter-duration asset-backed securities (ABS). In 2025, aggregate duration extended modestly, driven primarily by an extension of ABS duration from 2.0 to 3.7 years, partially reversing the shortening trend observed since 2022.

Table 5. Fixed Income Option Adjusted Duration (Years)

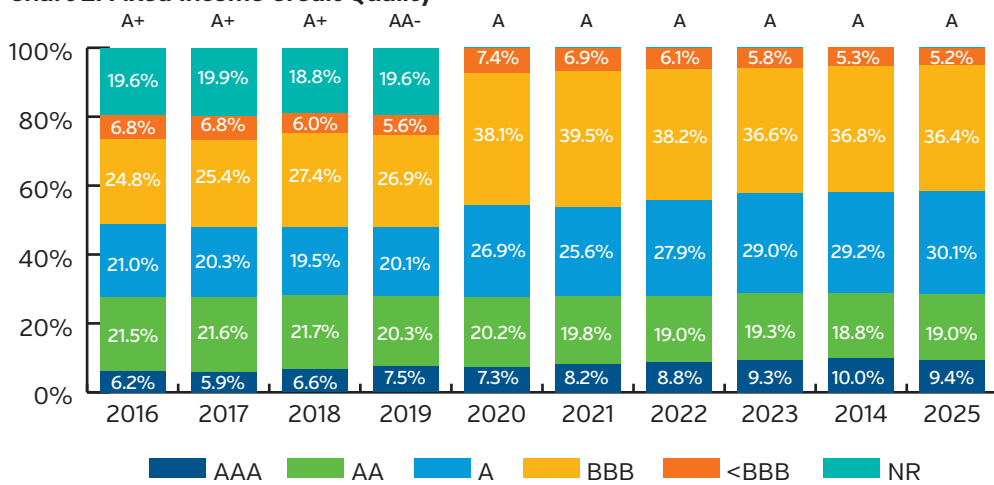
Sector	2025	2024	2023	2022	2021	2020	2019	2018	2017	2016
Gov't/Agcy	11.1	11.0	11.5	11.7	12.3	12.1	11.5	11.2	11.3	11.8
Corp	8.4	8.3	8.5	8.6	9.5	9.1	8.4	7.9	8.1	7.8
ABS	3.7	2.0	3.1	3.8	3.5	3.2	3.8	4.0	4.5	3.2
RMBS - Agcy	6.3	6.4	6.3	7.2	5.2	4.7	5.4	6.4	6.3	6.8
RMBS - Non-Agcy	4.6	5.2	5.4	5.4	3.3	3.5	4.1	4.2	4.2	3.9
CMBS - Agcy	4.5	4.6	4.7	5.2	4.9	4.6	5.8	6.5	6.2	6.2
CMBS - Non-Agcy	2.9	2.9	3.3	3.6	4.2	4.6	5.0	5.1	5.6	5.4
Munis - Taxable	9.0	9.0	9.3	9.4	9.8	10.0	8.9	8.5	9.1	9.4
Munis - Tax-Exempt	11.4	10.8	10.8	11.2	8.7	9.4	9.8	10.5	10.0	10.4
Foreign	7.1	6.8	6.9	7.1	7.5	7.0	6.7	6.6	8.6	14.4
Grand Total	7.5	7.3	7.6	7.9	8.5	8.2	7.8	7.6	7.9	7.8

Source: NEAM, S&P Capital IQ Pro

CREDIT QUALITY CONTINUED TO IMPROVE

Prior to 2022, the prolonged low-interest-rate environment led the industry to take on additional credit risk, reflected in rising allocations to BBB-rated securities, which peaked in 2021 [Chart 2]. Beginning in 2022, as the Federal Reserve embarked on an aggressive tightening cycle, insurers were able to secure higher yields while improving portfolio quality. As a result, allocations to AAA- and A-rated securities increased, while exposure to BBB and below investment-grade (<BBB) securities declined.

In 2020, the National Association of Insurance Commissioners (NAIC) expanded its credit rating framework from six to 20 categories. The non-rated (NR) category shown for 2019 and earlier years primarily represents “true” private placement securities [Chart 1]. Historical statutory filings indicate that approximately half of these holdings were rated BBB. This reclassification helps explain the 11 percentage point increase in BBB allocations observed between 2019 and 2020 [Chart 2].

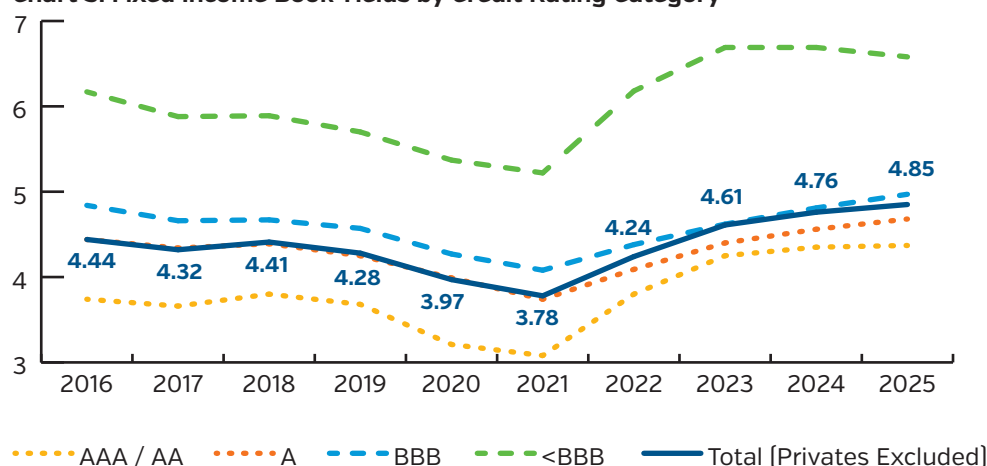
Chart 2. Fixed Income Credit Quality

Source: NEAM, S&P Capital IQ Pro

YIELDS ROSE AND DURATIONS EXTENDED ACROSS CREDIT RATINGS

Chart 3 illustrates book yields for public fixed income securities by credit rating. Since 2022, yields have risen consistently across investment-grade categories. Notably, AAA/AA-rated securities and below investment-grade [<BBB] securities experienced increases of 129 bps and 136 bps, respectively, over the past four years. The recent decline in book yields within the <BBB category, following several years of increases, primarily reflects shifts in subsector composition, particularly within <BBB corporate bonds.

Chart 3. Fixed Income Book Yields by Credit Rating Category



Source: NEAM, S&P Capital IQ Pro

Table 6 presents option adjusted duration [OAD] for public fixed income securities by credit rating. As expected, below investment-grade [<BBB] bonds generally exhibit shorter durations than investment-grade bonds. In 2025, durations extended across all rating categories, reflecting a broader shift in portfolio positioning. Private placement securities, which comprised 22.2% of total fixed income holdings in 2024 [Chart 1], were excluded from the duration calculations.

Table 6. Fixed Income Duration by Credit Rating Category

Sector	2025	2024	2023	2022	2021	2020	2019	2018	2017	2016
AAA/AA	7.2	6.8	7.3	7.8	7.8	7.7	7.5	7.8	8.2	8.4
A	8.3	8.1	8.5	8.7	9.6	9.2	8.7	8.2	8.6	8.5
BBB	7.6	7.5	7.7	7.9	8.9	8.6	8.0	7.6	7.7	7.3
<BBB	3.9	3.8	4.1	4.6	5.0	5.0	4.7	5.1	5.1	4.7
Total [Ex. Private Placements]	7.5	7.3	7.6	7.9	8.5	8.2	7.8	7.6	7.9	7.8

Source: NEAM, S&P Capital IQ Pro

KEY TAKEAWAYS

- Net investment income continued to rise in 2025, supported by elevated interest rates, though growth moderated. Bonds and mortgage loans remained the primary drivers of investment income.
- Broad asset allocations remained largely stable, with bonds, mortgage loans, and Schedule BA assets representing the largest sectors. Over time, bond allocations declined, while mortgage loans and Schedule BA assets gained share.
- Fixed income allocations continued to shift, with private placements and asset-backed securities increasing, while corporate bond allocations continued to decline.
- Book yields continued to rise, reaching a decade high in 2025, while credit quality improved and portfolio duration extended modestly.

We provide tailored analyses comparing your company's enterprise profile to industry peers, helping inform decisions related to risk appetite, capital management, and investment strategy.

ENDNOTE

¹ For purposes of this publication, the U.S. life industry consists of companies with invested assets greater than \$50 million and surplus greater than \$10 million as of year-end 2025. Fraternal companies are included beginning with 2019 data.



neamgroup.com

Connecticut | Dublin | London

© 2026 New England Asset Management, Inc.

All rights reserved. This publication has been prepared solely for general informational purposes and does not constitute investment advice or a recommendation with respect to any particular security, investment product or strategy. Nothing contained herein constitutes an offer to provide investment or money management services, nor is it an offer to buy or sell any security or financial instrument. The investment views expressed herein constitute judgments as of the date of this material and are subject to change at any time without notice. Future results may differ significantly from those stated in forward-looking statements, depending on factors such as changes in securities or financial markets or general economic conditions. While every effort has been made to ensure the accuracy of the information contained herein, neither New England Asset Management, Inc. ("NEAM, Inc.") nor New England Asset Management Limited (together, "NEAM") guarantee the completeness, accuracy or timeliness of this publication and any opinions contained herein are subject to change without notice. This publication may not be reproduced or disseminated in any form without express written permission. NEAM, Inc. is an SEC registered Investment Advisor located in Farmington, CT. This designation does not imply a certain level of skill or training. In the EU this publication is presented by New England Asset Management Limited, a wholly owned subsidiary of NEAM, Inc. with offices located in Dublin, Ireland and London, UK. New England Asset Management Limited is regulated by the Central Bank of Ireland. New England Asset Management Limited is authorized by the Central Bank of Ireland and subject to limited regulation by the Financial Conduct Authority. Details about the extent of our regulation by the Financial Conduct Authority are available from us on request. This is not an offer to conduct business in any jurisdiction in which New England Asset Management, Inc. and New England Asset Management Limited are not registered or authorized to conduct business.